



Scottish Rowing Rules of Racing

Effective 10 September 2025

CONTENTS

SECTIONS	SUBJECT
A	General
B	Regatta Conditions and Entries
C	Regatta Regulations
D	Classification of Competitors
E	Categories of Events
F	Race Regulations
G	Beach Sprint Regattas
H	Processional ("Head") Events

CHANGES IN THIS EDITION

Change	Authority
See RCC Paper "Rules of Racing – 2025 Changes" dated 4 September 2025	Scottish Rowing Board



The following abbreviations have been used throughout:

"SR" means "Scottish Rowing".

"BR" means "British Rowing".

The following terms and their meanings are used throughout:

"World Rowing" means "Fédération Internationale des Sociétés d'Aviron", operating as "World Rowing".

"Board" means the Board of Scottish Rowing.

"Racing Control Committee" means the committee established by the Board of Scottish Rowing to oversee the application of these Rules, to organise the competition calendar and to oversee the training and assessment of Umpires.

"Scottish Rowing Office" means the staff employed by Scottish Rowing. Communication with the Scottish Rowing Office will be through an email address notified to Clubs from time to time. Payment to the Scottish Rowing Office will be through bank account details notified to Clubs from time to time.

"General Meeting" means a General Meeting of Scottish Rowing.

"Regatta Organising Committee" means the committee responsible for the planning and operation of a regatta, head race or other competition organised under these Rules of Racing.

"Crew" shall be deemed to include "Sculler".

"Event" is defined as a race or series of races leading to a final decision in any category of racing.

"Race" is defined as any heat, semi-final or final in an event.

For Rules marked "*", see Rule H2.**



SECTION A GENERAL

- A1.** The Rules of Racing, Operating Practices and the RowSafe Scotland guidance adopted by SR shall be observed. Every competitor shall either be a member of a Club affiliated to SR and must hold a current Competition Licence, or be a member of a Club affiliated to the recognised body governing rowing in their country. The competitor shall compete only under the name of that Club or an indirectly affiliated subsidiary of it.
- A2.** After the expiry of the third month of the subscription year a Club shall be deemed to be not affiliated for the purpose of these Rules until its affiliation fee for that year has been paid.
- A3.** No member of a Club affiliated to Scottish Rowing may compete in any rowing competition other than one that is subject to the Scottish Rowing Rules of Racing or those of a body recognised by Scottish Rowing or World Rowing unless participation has been approved by the Racing Control Committee in advance.
- It is accepted that affiliated Clubs and individual members of Scottish Rowing may take part in festivals, river pageants, charity rows etc. and that individual members of Scottish Rowing may take part in events organised by the Scottish Coastal Rowing Association.
- A4.** The organisation and control of a Regatta under these Rules shall be the responsibility of the Regatta Organising Committee.
- A5*.** A Regatta Organising Committee shall appoint officials to carry out the duties specified in these Rules. No one shall act as an Umpire unless they are the holder of a valid SR, BR or World Rowing Umpire's Licence.
- A6.** A Regatta Organising Committee shall state on its programmes and official notices that the Regatta is to be held in accordance with the Rules of SR.
- A7.** No Regatta shall be held under these Rules unless its date, place and conditions have been approved by the Racing Control Committee (RCC). The RCC may refuse to approve a date that has not been submitted in accordance with the timetable specified annually by the RCC.
- A8.** If a Regatta does not take place on the agreed date, through exceptional or unforeseen circumstances, the Regatta Organising Committee may hold it on another date with the approval of the RCC.
- A9.** Every competitor in an open event and in an invitation event where a payment is required as a condition of entry (except events where competitors are allocated to crews by the organisers) shall pay to the Regatta Organising Committee for the funds of SR such sums as may be determined by the Committee from time to time. The Regatta Organising Committee shall forward the total of the sum due so as to reach the Scottish Rowing Office within fourteen days of the event, whether or not by that time it has been received from the competitors.
- A10.** The Regatta Organising Committee shall forward a list of competitors' names and Competition Licence numbers and the results of the racing, including the names of the winners and the Competition Licence numbers of the winners, to the Scottish Rowing Office and on to the membership system within 48 hours of the end of the event.
- A11.** All questions not specifically covered by these Rules shall be decided by the Senior Umpire (appointed by the RCC) in conjunction with the Regatta Organising Committee which shall take care to ensure that no breach of them arises from the imposition of local conditions.
- A12.** No Club shall make an entry for a Regatta abroad without the previous approval of the RCC. No member of a Club shall compete in any such event unless they have been duly entered by their Club.
- A13.** All intending competitors shall apply, to SR, for a Competition Licence. This application shall include the competitor's date-of-birth, rowing status, sculling status and any other information required by SR to carry out its duties. The annual fee for this licence will be determined by a General Meeting from time to time. A licence applied for after the competitor has entered for a Regatta will be subject to a surcharge. Applications for a licence shall be valid for one year from the date of application. Competitors not in possession of a full licence on the day of a regatta may apply for a Regatta Day



Scottish Rowing Rules of Racing

Ticket valid for the regatta in question. Payment of this regatta day fee will NOT be deducted from the fee necessary for a full licence when an application for a yearly licence is made.

- A14.** Competitors should only be entered for events by their Clubs and Clubs shall ensure that their entrants are properly qualified for the event i.e. are licensed, are the correct age and sex, and are the correct status. A Club making a wrong entry may be fined a penalty fee levied by SR and payable to SR. Subsequent incorrect entries in the same calendar year may be fined double or triple the penalty fee. No club shall make entries to other events until outstanding penalty fees have been paid.

The penalty fee shall be determined by a General Meeting from time to time.

In the event of a composite crew, the Club making the entry shall ensure that the crew is qualified in all respects.

A Composite crew is defined as one in which the oarsmen or scullers, excluding the coxswain, are drawn from more than one club.



SECTION B REGATTA CONDITIONS AND ENTRIES

B1. Notice of a Regatta shall include:

- (a) Place, date and time of the Regatta.
- (b) The categories of events and types of boats for each.
- (c) Special restrictions or conditions, whether or not affecting classification of competitors.
- (d) The amount of the entry fees.
- (e) The length and location of the course.
- (f) The date and time at which entries close and the date, time and place of the draw.
- (g) The address for entries and correspondence.

A copy of the notice of the event and of the entry form shall be forwarded to the Scottish Rowing Office and the Senior Umpire simultaneously with the distribution to the Clubs.

B2. The entry form for a Regatta shall include:

- (a) The name of the Club entering.
- (b) The colours of the Club entering.
- (c) The names, Competition Licence numbers and, where appropriate, the date of birth of competitors.
- (d) In the case of entries for mixed events, the sex of each competitor.

The names of the competitors shall be set out in the order of rowing, beginning with Bow, who shall be designated No.1.

The following form of certificate shall appear on the entry form:

"I certify that all the competitors named are members of this Club, which is affiliated to SR, or of the Club(s) shown against their names, such Clubs being affiliated to and are eligible to compete in the events for which they are entered.

The Club(s) further certifies/certify that each competitor will race in a boat which complies in all respects with RowSafe Scotland guidance".

An entry shall not be valid unless the entry form has been duly completed and signed.

- B3.** Entries shall close at least five clear days before the date of the event. No official of the Regatta Organising Committee shall divulge any entry, or report the state of the entry list until such list is closed. Unless already shown on the entry form, the names of the actual crew appointed to compete in each event shall be delivered by an official representative of each Club or crew entered to the Secretary of the Regatta Organising Committee on a date and time, which shall be no later than one hour before the first heat in their event, to be specified by such committee.
- B4.** No one shall be entered or race more than once in the same event at a Regatta. No rower or sculler shall be entered or race for more than one Club at a Regatta.
- B5.** A Regatta Organising Committee may investigate any questionable entry and may return or annul an entry at any time, without giving a reason.
- B6.** A Regatta Organising Committee may exclude from the Regatta any Club making a false declaration concerning names, sex or classification of competitors.
- B7.** If only one crew is entered for any event, the Regatta Organising Committee shall cancel the event and refund the entry fee.
- B8.** If more than one entry for an event is received and all withdraw but one, the crew of the remaining boat shall row over the course in order to be entitled to any prize.
- B9*.** A copy of the draw and timetable of races shall be sent within two days of the draw to the Clubs entered.



SECTION B REGATTA CONDITIONS AND ENTRIES cont'd

- B10.** Every crew shall be entitled to substitute up to half the number of its rowers or scullers, provided -
- (a) the substitutes names and qualifications are delivered in writing to the Secretary of the Regatta before the crew's first race in the event involved.
 - (b) the substitutes are members of the same Club or Clubs entered.
 - (c) in mixed events the substitute must be of the same sex as the person replaced.
 - (d) no substitution is permitted in single sculling events.
- B11.** A substitute coxswain shall be permitted provided that their name and Club have been submitted in writing to the Secretary of the Regatta before the competitor's first race in the event involved.
- B12.** The Secretary of the Regatta shall make a list of all the competitors readily available for examination before and during the Regatta.
- B13.** Objections to the qualifications of a competitor must be made in writing to the Secretary of the Regatta as soon as possible. The Regatta Organising Committee may withhold or withdraw prizes until the outcome of any investigation is announced.
- B14.** The Regatta Organising Committee may withhold a prize until it is confirmed that a competitor holds a current Competition Licence.
- B15.** The Secretary of the Regatta shall supply to the RCC details of foreign entries.



SECTION C REGATTA REGULATIONS

- C1.** The construction, design and dimensions of boats shall be unrestricted, subject to the provisions of Rules C2, C3, C4, & C7.
- C2.** The owners and users of all boats shall ensure that their boats are safe in all respects and in particular that they comply with RowSafe Scotland guidance in respect of Rules C3 and C4.
- C3.** Every boat shall carry securely affixed to the bow a solid ball of rubber or material of similar consistency, white in colour, with a diameter of not less than 4 centimetres, and incapable of being significantly deflected in any direction. This protection may also be afforded by a specially shaped bow of suitable material. This requirement shall also apply during practice.
- C4.** In all boats the foot stretchers, shoes or other devices holding the feet of the rowers shall be a type which allows the rowers to get clear of the boat with no delay in an emergency.
- (a) Heel restraints are strong, secure and durable and the correct length.
 - (b) Shoes shall be in good condition so that they do not break or become partially detached from the boat in the event of a rower trying to remove their feet during a capsize.
 - (c) Where shoes or other devices holding the feet will remain in the boat, each shoe or device shall be independently restrained such that when the heel reaches the horizontal position the foot will be released from the shoe.
 - (d) Shoe fastenings such as laces or Velcro or similar materials should not be too tight and must be able to be released immediately by the rower with a single quick hand action of pulling on one easily accessible strap.
 - (e) Where shoes or other devices holding the feet will not remain in the boat, each shoe or device must be able to be released by the rower without using their hands or with a single quick hand action of pulling on one easily accessible strap or release device.
- C5.** All coxswains, irrespective of the status of the event entered, must wear a lifejacket (conforming to BS EN 396:1994 – formerly BS3595) or a buoyancy aid of approved design whilst taking part at a regatta. Coxswains in "front loader" positions must wear lifejackets which allow them easy escape from their positions.
- C6.** No competitor shall make use of any substance which will change the natural properties of water.
- C7.** No competitor shall make use of a sliding rigger mechanism.
- C8.** A Regatta Organising Committee shall not offer any form of cash prize, or voucher for a cash value, without the express prior approval of the RCC. Any cash prize so approved and any trophy shall be awarded to the club to which the successful competitor belongs.
- C9.** Clubs or competitors who accept a cash prize, or voucher for a cash value, from an unapproved source shall be liable to suspension by the Board.
- C10.** Cash allowances may be made to cover competitors' travelling expense and boat transport, but shall not exceed the actual expenses incurred. A Regatta Organising Committee may bear the cost of competitors' board and lodging.
- C11.** Every competitor shall wear the colours of the Club that they represent.
- C12.** No competitor shall make use of any stimulant to increase physical performance. The World Rowing list of prohibited substances shall be adopted by SR. Any competitor infringing this rule or refusing to submit to a test shall be disqualified and the circumstances shall be reported to the Secretary of SR.
- C13.** A Regatta Organising Committee shall be responsible for ensuring compliance with RowSafe Scotland including provision of medical and life saving services.
- C14.** A Regatta Organising Committee may appoint a Race Committee which shall be chaired by the Senior Umpire appointed by the RCC to deal with all matters concerning the racing. The Umpire, however, is responsible for the conduct of each race.



SECTION C REGATTA REGULATIONS cont'd

- C15*.** A Regatta Organising Committee shall appoint a suitably qualified person to supervise the crews' embarking and disembarking points. They shall check the composition of crews, and ensure that all relevant Rules are obeyed, including the carrying of deadweight by coxswains.
- C16*.** Subject to Rule B10 (b), (c) and (d), no competitor who has already raced in the event may be replaced except, in the event of serious illness of the competitor. Permission for substitution in such cases shall be the responsibility of the Senior Umpire. Written medical evidence should be obtained when necessary. In every case of this nature, a report shall be made in writing to the Scottish Rowing Office.
- C17.** All crews shall obey circulation patterns published by the regatta organisers. Crews which fail to obey the published circulation pattern will be subject to disciplinary measures under Rule F33.



SECTION D CLASSIFICATION OF COMPETITORS

- D1.** Rowers and scullers shall be classified as follows:
- (a) Cadet
 - (b) Junior
 - (c) Senior
 - (d) Novice
 - (e) Master
 - (f) Lightweight
- D2.** A CADET is a competitor who has not attained the age of 14 years before the first day of September preceding the event.
- Cadets are not permitted to race in events that are more than one age band above their own age band nor in Novice or Senior events (coxes excepted).
- D3.** A JUNIOR is a competitor who has not attained the age of 18 years before the first day of September preceding the event. J9, J10, J11, J12, J13, J14, J15, J16, J18 are competitors who have not attained 9, 10, 11, 12, 13, 14, 15, 16, or 18 respectively before the first day of September preceding the event.
- D4.** A SENIOR is a competitor who is no longer a Junior.
- D5.** A NOVICE is one who has never won an Open event (as defined in Rule E1) at a Regatta or represented their country in competition.
- The loss of a competitor's NOVICE classification shall be determined by reference to the table of questions set out in Appendix A to these Rules.
- D6.** A MASTER is one who will have attained the age of 27 on or before 31st December of the current year.
- D7.** An Open LIGHTWEIGHT is one whose weight does not exceed 72.5 kg. In Women's Events a LIGHTWEIGHT is one whose weight does not exceed 59 kg.
- D8*.** COXSWAINS.
- Coxswains of Junior crews must be Juniors and are not sub-classified by age.
 - Other classifications shall not be applicable to coxswains, who shall in other respects be considered to be members of the crew.
 - The minimum weight for coxswains shall be 45kg for J15 and younger crews and 55kg for all other crews.
 - To make up this weight, the coxswain shall carry deadweight as close as practicable to their person.
 - Coxswains in all categories of events may be male or female.
- D9.** The RCC shall have the power to decide for the purpose of these Rules the classification of a rower or sculler who has competed under the Rules of another Association.
- D10.** A competitor with more than 4 wins, who has not won any qualifying rowing/sculling event in the preceding year may have their counting wins reduced by 1, to a minimum of 4, in rowing and/or sculling, on application by their Club to the RCC. Notwithstanding the definition of a qualifying event under Rule E4, competitors who represent their country in the preceding year or who win a Scottish Championship, whether or not a qualifying event, will not be eligible for points reduction in rowing/sculling.



SECTION D CLASSIFICATION OF COMPETITORS cont'd

- D11.** The classification of a rower shall not affect their classification as a sculler and vice versa.
- D12.** The classification of a rower or sculler shall not be affected by participation in any Beach Sprint or offshore event carried out under Section G of these Rules.



SECTION E CATEGORIES OF EVENTS

- E1.** An OPEN EVENT shall be one for which any competitor eligible under the general conditions and qualifications for the particular event (except as listed in Rule E2) may enter.
- E2.** A CLOSED EVENT shall be any one of the following and shall not be subject to these Rules:
- (a) Private matches arranged solely by agreement among the Clubs or competitors concerned.
 - (b) Events open only to members of one Club or open only to school or university clubs or other self-contained bodies.
 - (c) Subject to the approval of the RCC, invitation events (whether or not included in open Regattas) restricted to competitors specified by the organisers at the time when notice of the event is given. An invitation event shall be limited to no more than 4 clubs including the host club.
- E3.** An OPEN EVENT may be a QUALIFYING EVENT or a NON-QUALIFYING EVENT. For the purposes of this rule, all international events (other than Beach Sprint or Offshore events) will be deemed to be qualifying events unless fewer than four competitors come under starters orders.
- E4.** The status of an event as QUALIFYING or NON-QUALIFYING shall be determined by reference to the table of questions in Annex B to these Rules.
- E5.** WOMEN'S EVENTS may be held in any category, and the following conditions will apply:
- (a) A rower or sculler is eligible to compete in a Women's Event, or as a woman in a Mixed Event, if they are recorded as female in the Scottish Rowing membership database or in the membership records of the recognised body governing rowing to which their Club is affiliated.
 - (b) Anyone may take part in a Women's Event as a coxswain
 - (c) Competitors in Women's Events must meet the general conditions and qualifications for the category as set out in Sections D and E of these Rules.
- E6.** NOVICE EVENTS shall not be subject to any age limit.
- E7.** CADET EVENTS may be held for any suitable Cadet age groups.
- E8.** JUNIOR EVENTS may be held in the following classes:
- Under 18
 - Under 16
 - Under 15



SECTION E CATEGORY OF EVENTS cont'd

- E9.** SENIOR EVENTS may be held in the following classes - Championship, Restricted 1 and Restricted 2.

The average number of qualifying wins of the members of a crew (excluding coxswain) may not exceed the numbers in the following table. No person shall count more than 12 wins.

Championship unlimited wins

Restricted 1 6 wins

Restricted 2 2 wins

Anyone who has competed for their country at a World Rowing Regatta at Senior, Lightweight or U23 level shall have their points topped up to 12 in both disciplines. Anyone who has competed for their country at the World Rowing Junior World Championships or Coupe de La Jeunesse shall have their points topped up to 6 in the discipline in which they took part.

Those competitors who win events under BR Rules shall gain an additional point(s) as specified by BR rules. Competitors who have obtained qualifying wins in other countries must declare them and include them, as appropriate.

Those competitors who win events at Henley Royal Regatta shall have their points topped up to the following levels: 'Open' events – 12, 'Intermediate' events – 10, 'Club/Student' events – 9, 'Junior' events – 6.

Those competitors who win events at Henley Women's Regatta shall have their points topped up to the following levels: 'Elite' events – 9, 'Elite Lightweight' events – 8, 'Senior' events – 7, 'Senior Lightweight' events – 6, 'Intermediate' events – 5, 'School/Junior' events – 3.

For events at Henley Royal Regatta and Henley Women's Regatta these points will be applicable only in the discipline in which they are won. For these events the 4 starters rule will not apply.

- E10.** MASTERS EVENTS should, where possible, be held in the following age classes -

Class A: Minimum age 27 years.

Class B: Average age not less than 36 years.

Class C: Average age not less than 43 years.

Class D: Average age not less than 50 years.

Class E: Average age not less than 55 years.

Class F: Average age not less than 60 years.

Class G: Average age not less than 65 years.

Class H: Average age not less than 70 years.

Class I: Average age not less than 75 years.

Class J: Average age not less than 80 years.

Class K: Average age not less than 85 years

Alternatively, if this is not practicable, handicapping may be applied using the scheme currently approved by the Board.

A Master's age is that which they attain on or before 31st December of the current year.

Coxswains in MASTERS EVENTS are unrestricted in age and sex and should not be included when calculating averages.



SECTION E CATEGORY OF EVENTS cont'd

- E11.** LIGHTWEIGHT EVENTS may be held under the same Rules concerning classification of competitors and conditions as apply to other events, with the following additional provisions:
- (a) Every competitor shall be qualified under Rule D7.
 - (b) The average weight of Open crew (excluding coxswain and single sculler) shall not exceed 70kg.
 - (c) The average weight of a Women's crew (excluding coxswain and single sculler) shall not exceed 57kg.
 - (d) Competitors shall be weighed in racing kit each day not less than 1 hour nor more than 2 hours before the scheduled start time of the first race of each lightweight event in which they are entered.
- E12.** MIXED EVENTS may be held subject to the following provisions:
- (a) The number of women (excluding coxswains) shall be determined by the Regatta Organising Committee. Eligibility for the women's places in a mixed crew shall be determined by reference to Rule E5 (a).
 - (b) The same Rules concerning classification of competitors and conditions as apply to Open and Women's events shall apply respectively to open and women competitors in Mixed Events, except that a win in a Mixed Event shall not affect the status of any competitor
- E13*.** Senior Classes under Rule E9 and Novice Status under Rule D5, shall relate to the beginning of a Regatta, and changes of Class shall take effect at the end of the Regatta. If, as a result of this Rule, a competitor wins more than the permitted number of events for the appropriate Class, the additional wins shall count as wins in the next higher Class.
- A Novice may, however, only gain a status upgrade from Novice to Senior in one qualifying event at the same Regatta. Further event wins at Novice status at this same Regatta shall not accrue points. The step forward from Novice is to Senior level at the end of the initiating Regatta.
- E14*.** A Regatta Organising Committee may transfer to another event of appropriate classification a crew or sculler whose classification changes between the date of entry and the beginning of the event.



SECTION F RACE REGULATIONS

- F1.** These regulations shall be so applied as to ensure that all competitors race under fair and equal conditions.
- F2*.** A boat's proper course shall be defined as that which it must follow from Start to Finish in order to cover the prescribed distance, having regard to:
- (a) The station on which each boat is drawn;
 - (b) The lane occupied by each boat at the Start; and
 - (c) The water it must leave clear for other boats.

UMPIRES

- F3*.** The Starter shall be an Umpire, but the race Umpire may act as the Starter.
- F4*.** An Aligner may be appointed to assist the Starter or Umpire at the Start and they shall also be an Umpire.
- F5*.** Judges shall declare the race results. If necessary they shall inspect photographic records of the finish. There shall be a Senior Judge who shall be an Umpire.
- F6*.** An Umpire shall be provided with a red flag, a white flag, a bell and a megaphone, electric if possible; unless they are cycling, when they shall be provided with a megaphone only.
- F7*.** The Starter and an Aligner shall each be provided with a red flag, a white flag and a bell. In both cases a megaphone or loudspeaker equipment should be provided also.
- F8*.** A launch used for umpiring shall be so constructed as to enable the Umpire to carry out their duties properly.
- F9*.** If the race is umpired from the bank, adequate communications between Umpires shall be provided. Umpires should be provided with a position from which they can clearly see each race in the portions of the course for which they are responsible, and as far as possible be seen by the competitors. Umpires shall be located at distances which allow any warning to be heard by the competitors whilst under their jurisdiction. A co-ordinating Umpire shall be available to overhear all communication between Umpires and to be in communication with the Judge. All decisions shall be taken by the Umpires and shall be given to the Judge by the co-ordinating Umpire. When an Umpire is cycling they shall follow the race from Start to Finish and keep themselves in a position where they can be clearly heard by the competitors. All decisions shall be given to the Judge by the Umpire as soon as the race is over.
- F10.** Umpires shall from time to time during the Regatta inspect the course or portion of the course for which they are responsible and take appropriate remedial action where necessary.

THE START

- F11.** The Start may take place without reference to absentees.
- F12*.** If there is only one crew in a race, the Umpire may exempt the crew from rowing over the course in a race other than the final, if the crew so requests.
- F13*.** The Umpire, Starter or Aligner shall prepare the crews for the Start with a minimum of delay. If an Aligner is provided they shall indicate that the crews are aligned by raising a white flag.



SECTION F RACE REGULATIONS cont'd.

F14*. NORMAL START

Before start time the Starter shall announce the race.

Crews shall be at the start at least two minutes before the time of their race and if stakeboats/pontoons are provided should be attached.

The Starter shall announce, "Two Minutes," and this will signify to the crews that they are formally under Starter's Orders.

When the boats are aligned and the crews ready to race, the Starter shall make a roll call by naming each crew. Once the roll call begins the Starter shall take no further notice of any crew indicating that it is not ready or straight.

If crews are still aligned, the Starter shall then say "**ATTENTION**" and then raise the **Red** flag. After a clear pause (variable from one race to another), the Starter shall quickly drop the **Red** flag and simultaneously say "**GO**".

QUICK START

In exceptional circumstances the Starter may decide not to use the NORMAL START with the roll call. They must then inform the crews that the "QUICK START" shall be used.

The Starter shall then say, "**QUICK START – ATTENTION**," and then raise the **Red** flag. After a clear pause (variable from one race to another), the Starter shall quickly drop the **Red** flag and simultaneously say "**GO**".

F15*. If the Umpire, Starter or Aligner considers the Start false, they shall recall the competitors to the Start by ringing the bell and then waving the red flag. The decision to recall the competitors shall be made before the competitors have completed more than 100 metres of the course. The crew or crews causing the false start shall be given a warning. If possible, a false start marker should be placed adjacent to the starting position of the crew or crews causing the false start. The warning shall hold good until the race has been completed and shall therefore apply in the case of a postponement.

F16*. If a crew refuses to Start again or makes or causes two false Starts, the Umpire shall disqualify it from the event.

NOTE - In order to keep up with modern technology, if F.I.S.A. supports alternative equipment to the existing red flag, white flag, bell, megaphone etc., then this equipment **may** be used where appropriate. Competing clubs should be informed of this change prior to race day.



SECTION F RACE REGULATIONS cont'd.

THE RACE

- F17*.** During the race, each boat shall remain in its own water; it shall not encroach on the course of other competing boats, nor interfere with them, nor prevent them from following their proper courses. A crew continuing out of its proper course after due warning does so at its peril and if it derives any advantage from doing so may be disqualified by the Umpire.
- F18.** The Umpire shall be the sole judge of a boat's proper course and shall decide all questions relating thereto.
- F19.** The Umpire may call the attention of a competitor to their steering only if the competitor is about to interfere with or foul another competitor or if a collision is about to occur or if disqualification is possible under Rule F17. The Umpire may also call the attention of a competitor to an obstruction on their course.
- F20*.** When the Umpire in a launch warns a crew, they shall hold up a white flag vertically, name the crew, and move the flag in the direction in which the boat is to move. When an Umpire on the bank warns a crew, they shall hold up a white flag vertically, name the crew, and audibly instruct the crew in which direction the boat is to move. They shall inform the next Umpire of the instructions that they have given. When the Umpire stops the race, they shall ring the bell, hold up a red flag and give the order, "Stop!" When the Umpire stops a crew, but not the race, they shall raise the white flag vertically, name the crew and give the order, "Stop!"
- F21.** Crews shall be responsible for their own steering and the Umpire shall ensure that crews are not followed during the race by other racing boats, nor receive any advice or instructions. No radio shall be used in a boat during a race. A crew receiving any extraneous assistance may be disqualified.
- F22.** A foul shall be defined as any collision or contact between boats, oars, sculls or persons in the same race, unless in the opinion of the Umpire it will not influence the result of the race.
- F23.** Interference shall be defined as conduct by a crew which impedes the progress of an opponent who is in the proper course. No competitor shall be disqualified for interference unless they have been warned in accordance with Rule F19.
- F24*.** In the case of a foul or interference the Umpire may disqualify the offending crew or crews and:
- (a) allow the race to continue or be re-started or accept or determine the finishing order of the boats; or
 - (b) order crews not disqualified to re-row the race at a time determined by the Regatta Organising Committee; or
 - (c) if only one crew remains in the race, declare it the winner.
- F25*.** A crew shall abide by its own accidents except where damage is sustained by interference from an outside agency. In such cases the Umpire may order the race to be re-rowed.

THE FINISH

- F26*.** The Judges shall decide the order in which boats pass the finish line.
- F27*.** In the case of a race umpired from a launch, the Umpire shall indicate to the Judges by raising their white flag when all crews have crossed the Finish line that the race is in order, and no protest has been lodged. If the race is not in order they shall raise their red flag.
- F28.** A crew has completed the course when the bows of the boat cross the finish line. If a competitor, other than a coxswain, falls out of the boat, the crew may still be placed. If a coxswain falls out of the boat, the crew will be deemed not to have completed the course.
- F29*.** If two or more boats cross the finish line simultaneously, the Regatta Organising Committee shall arrange a re-row. If a crew refuses to re-row it shall be disqualified.



SECTION F RACE REGULATIONS cont'd.

DISPUTES AND DISCIPLINARY PROCEDURE

- F30.** The decision of an Umpire shall be final and without appeal. An Umpire's jurisdiction shall extend over the whole race from the Start to the Finish.
- F31.** The Senior Umpire in conjunction with the Regatta Organising Committees may decide at their discretion any cases not covered in these Rules. A report on such cases shall be sent to the Secretary of SR.
- F32.** A competitor refusing to abide by the decisions of an Umpire or failing to follow their directions may be removed from the race or disqualified, as appropriate.
- F33.** The Senior Umpire, in conjunction with the Regatta Organising Committee may take disciplinary measures against competitors or members of competing clubs infringing these Rules or refusing to obey instructions given them, or abusing Regatta officials or fellow competitors, or any other misconduct.
- These disciplinary measures may take the form of:
- (a) A caution; or
 - (b) Instructing the Umpire of the competitor's next race to treat the offence as the equivalent of one False Start made by the competitor; or
 - (c) Disqualification of a competitor; or
 - (d) Disqualification or removal of a crew from the race in which the Rules have been infringed; and
 - (e) Disqualification of the Clubs from all races at the Regatta.
- F34.** Objections and protests shall be made to a Judge, Umpire or the Secretary of the Regatta or their representative and shall be confirmed in writing as soon as practicable.
- F35.** Any dispute, objection or protest not satisfactorily settled between the Club concerned and the Regatta Organising Committee shall be referred to the Board.



SECTION G BEACH SPRINT REGATTAS

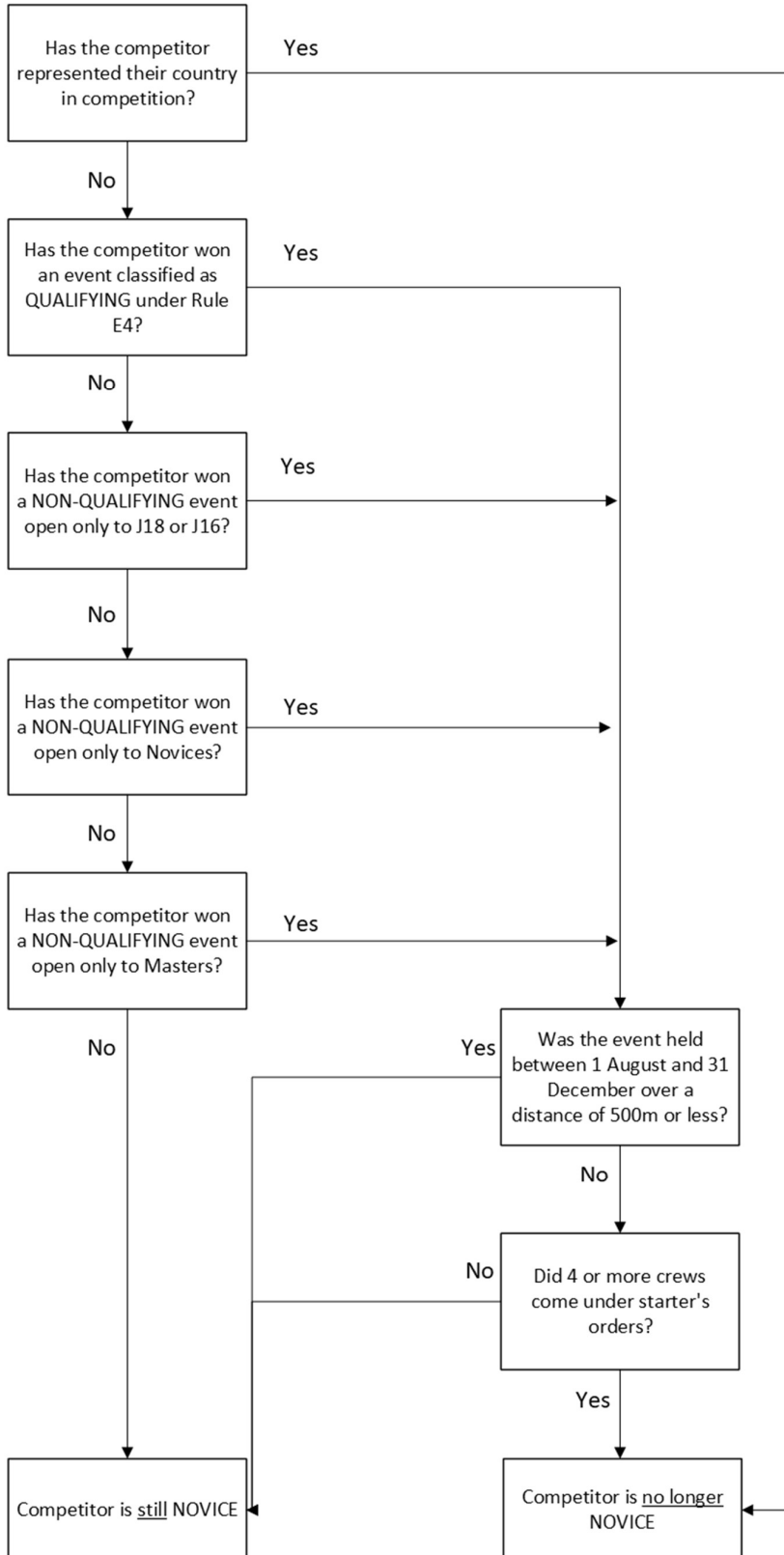
[This section currently blank]



SECTION H PROCESSIONAL ("HEAD") RACES

- H1.** With the exceptions listed below these Rules shall apply as far as practicable to processional ("Head") events.
- H2.** The following Rules shall not apply to such races:
A5; B1(f) (second clause); B9; C15; C16; D8 (except first sentence); E13; E14; F2-F9, F11-F17, F20, F24-F27 and F29.
- H3.** The race Secretary shall supply the names of the competitors if so requested.
- H4.** The Regatta Organising Committee shall make regulations in substitution for any of the Section F Rules which do not apply to Heads.
- H5.** All crews coming under starters orders shall be subject to the full control of the race officials even if participating on a 'Time-only' basis. Such crews should not be listed in the finishing time order, but their result appended to the end of the list.

APPENDIX A – Determining loss of Novice status



APPENDIX B – Determining a Qualifying Win

