



Scottish Student Rowing (SSS) Events Programme – Season 2025-26

This document provides an overview of the season plan for SSS Rowing in partnership with Scottish Rowing (SR).

Summary

- Scottish Student Rowing and Scottish Rowing will work together to offer targeted racing opportunities at selected Scottish Rowing events, to reward performance and encourage participation and engagement.
- In season 25-26 it has been agreed to focus on beginners and intermediate events and to offer racing at three events during the year – for beginner crews (open and female) and for intermediate crews in smaller boats to help provide continuity on the pathway – there will also be a Victor Ludorum league table – extracted from all student club entries from the three events.
- There is also an appetite to develop participation in Beach Sprints [as a new Olympic discipline for 2028]– offering SSS events at the Saints Regatta in April – with more discussion to come

1. Inverness Rowing Club - Fours and Small Boats Head 8th / 9th Nov. '25
2. Inverness Rowing Club – Winter Head 28th Feb / 1st Mar. '26 – update Mar-26 – as this event clashed with BUCS Head – there were no student entries and no SSS medals awarded
3. Scottish Rowing Spring Regatta – 18th / 19th Apr. '26

Ref	Event Description	IRC Head – Nov-25	IRC Head – Mar-26	SR- Spring Regatta-26
1	Open Beginner Coxed Fours (OB 4+)	Yes	Yes	Yes
2	Open Beginner Coxed Quad Sculls (OB 4x+)	Yes		
3	Open Beginner Quad Sculls (OB 4x)		Yes	Yes
4	Open Intermediate Pairs (O Int 2-)	Yes	Yes	Yes
5	Open Intermediate Double Sculls (O Int 2x)	Yes	Yes	Yes
6	Women's Beginner Coxed Fours (WB 4+)	Yes	Yes	Yes
7	Women's Beginner Coxed Quad Sculls (WB 4x+)	Yes		
8	Women's Beginner Quad Sculls (WB 4x)		Yes	Yes
9	Women's Intermediate Pairs (W2-)	Yes	Yes	Yes
10	Women's Intermediate Double Sculls (W Int 2x)	Yes	Yes	Yes
11	Mixed Eights (8+) (composite crews) – SR award ...? (not a SSS event – just listed for info)	To be discussed for future years		

Prizes: gold, silver and bronze medals shall be awarded for the selected events and all student club entries will receive VL points to be added to the VL table for the event and for the academic year. (see VL appendix for full details)



Information

Eligibility: Qualifying students shall be members of an institution that is affiliated to Scottish Student Sport (SSS) as per the Terms and Conditions.

- **Beginner events:** are intended for people new to the sport and as such, entrants should only have learned to row/scull in the current academic year. For definition of Beginner – pls. see BUCS Rowing regulations .. <https://www.bucs.org.uk/rules-and-regulations/sport/rowing.html>
ROW 2.1 Beginner Only open to student-athletes who have taken up the sport - on the water (regardless of their discipline) after 1 June of the preceding academic year.
- **Further categories:** may be added by mutual agreement.
- **Status:** All events shall be non-status promoting
- **Rules:** The Scottish Rowing Rules of Racing shall apply, where appropriate, but at all times SSS requirements will apply.
- **Racing licence:** All competitors shall have a Scottish Rowing racing licence.

Medal table for ref

Ref	Event Description	IRC Head – Nov-25	IRC Head – Mar-26	SR- Spring Regatta-26
1	Open Beginner Coxed Fours (OB 4+)	5	5	5
2	Open Beginner Coxed Quad Sculls (OB 4x+)	5		
3	Open Beginner Quad Sculls (OB 4x)		4	4
4	Open Intermediate Pairs (O Int 2-)	2	2	2
5	Open Intermediate Double Sculls (O Int 2x)	2	2	2
6	Women's Beginner Coxed Fours (WB 4+)	5	5	5
7	Women's Beginner Coxed Quad Sculls (WB 4x+)	5		
8	Women's Beginner Quad Sculls (WB 4x)		4	4
9	Women's Intermediate Pairs (W2-)	2	2	2
10	Women's Intermediate Double Sculls (W Int 2x)	2	2	2
11	Mixed Eights (8+) (composite crews) – SR award ...?			
Total medals (each colour)		28	See note 1	26
Total medals = gold + silver + bronze		84		78
				162

note 1: as IRC Head Mar-26 clashed with BUCS Head – there were no student SSS medals awarded