



SCOTTISH  
ROWING

# 2026 Scottish Rowing Spring Regatta (incorporating Scottish Student Rowing Championships)

*Entry Information, Conditions of Entry and Regatta Facilities*

02/03/2026



Scottish Rowing Centre  
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Please note that in 2026, significant building work is taking place at Strathclyde Country Park. Consequently, this may have an impact on regatta activities. Events may be limited to a certain number of entries and events may need to be combined with other similar boat classes and/or age groups to ensure that all races can take place each day.

Due to the uncertainty, the Scottish Rowing Regatta Organising Committee (SRROC) requests that clubs are flexible with their entries and recommends booking refundable accommodation and transport in case regatta activities are significantly affected or curtailed by the building work. The SRROC takes no responsibility for club-incurred costs associated with planning to attend the regatta.

**Entries close at 10pm on Thursday 26 March 2026 – this is earlier than usual due to extra time needed to balance demand with venue availability.**

**Failure to pay on time, by 5pm on Monday 13 April 2026, without prior arrangement and agreement from the Entries Secretary, will lead to a late payment fee of £100. No crews from a late-paying club will be given bow numbers at the regatta until all fees are paid. If you cannot meet the payment deadline, please contact [entries@scottish-rowing.org.uk](mailto:entries@scottish-rowing.org.uk) as soon as possible.**



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Registered Office: 366 Hamilton Road, Motherwell, Lanarkshire ML1 3ED  
A Company Limited by Guarantee, Registered in Scotland No. SC357505



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## 1. Date, venue and rules

1.1 The regatta will take place at Strathclyde Country Park, Motherwell, ML1 3ED on Saturday 18 and Sunday 19 April 2026.

1.2 The regatta will be run under the Scottish Rowing Rules of Racing. These are available on the Scottish Rowing [website](#). Competitors and coaches are reminded that they should be familiar with the Rules of Racing.

1.3 All events will be rowed over a straight multi-lane course and from a stake-boat start (except time trials).

1.4 The event is open to all competitors, regardless of nationality or residence.

1.5 All competitors must have reached the age of 12 years old before the 1 September 2025.

1.6 Competitors who have not attained the age of 14 years before the 1 September 2025 will be classed as a Cadet. A Cadet is not permitted to race in events that are more than one age band above their own age band or in senior events.

1.7 Capacity to the event may be limited to accommodate safe and fair racing over the two days. The regatta organiser reserves the right to limit or restrict entries from clubs should this be necessary.

1.8 Up to date information will be available on the [Scottish Rowing website](#).

## 2. Competition Licences

2.1 Every competitor must be registered with the Scottish Rowing Membership System or hold a valid Competition Licence which includes insurance cover issued by their home nation's governing body of rowing which should be available for inspection to confirm eligibility for events entered. Scottish Rowing members do not need to carry a physical copy of their licence.

2.2 Membership/licences held must be valid for the entered day(s) of competition.

2.3 Any competitor who is not registered with the Scottish Rowing Membership System or does not have a Competition Licence issued by their home nation's governing body of rowing at time of entry shall not be permitted to enter. For Scottish clubs, please make sure your intended competitors have registered and been authorised by the club (and parent/guardian in the case of juniors) in good time for making your entries. Remember that this process may take a little time, so do not leave this until the day before entries close. **Updates to member details on the entry system can take up to an hour.**

2.4 Non-registered substitutes made on the day of racing must purchase a Day Ticket costing £33 for seniors and £17.50 for juniors. Forms must be fully completed and submitted to the registration desk with payment before the substitute can race. Please note payment will need to be made by bank transfer and cash on card payments will not be possible on site.

## 3. Equipment and safety

3.1 Competitors are expected to provide sufficient boats to meet their entries.

3.2 Coaches and competitors should be familiar with, and comply with, the RowSafe Scotland safety guidance and the Water Safety Guidelines for Rowers at Strathclyde Park. These documents can be found in the Safety section of the [Scottish Rowing website](#).

3.3 Clubs should note that it is their responsibility to ensure that all boats they use at the regatta comply with the safety requirements, including buoyancy and heel restraints, described in RowSafe Scotland. Control Commission may apply checks at the regatta. You can find some useful boat checking tips from Scottish Rowing Umpire Gary Bain [here](#).

#### 4. Entry fees, events and scheduling

4.1 The full list of events offered is provided separately and is also available on the [Scottish Rowing website](#). Adaptive and para rowing events may be available and are on request – if you are interested in entering these events, please contact the Entries Secretary ([entries@scottish-rowing.org.uk](mailto:entries@scottish-rowing.org.uk)) to discuss this.

4.2 Scottish Student Rowing Championship (SSS) event information and rules are separate to the events covered in this document.

4.3 The categories of events are as described in the Scottish Rowing Rules of Racing, section E. For those who have a racing licence from another governing body, they should send a summary of their rowing career to [entries@scottish-rowing.org.uk](mailto:entries@scottish-rowing.org.uk) before entering to confirm their status. The race organiser reserves the right to include or exclude any individual from any category, for any reason, at their sole discretion. The regatta organiser's decision is final.

4.4 Entry fees are as follows. There is no charge for coxswains.

Event	Price per seat
2000m events (Senior Open, R1, R2, J18 & J16)	£20
1000m events (Masters, Novice, J15 & J14)	£18

4.5 The organisers reserve the right not to run any event with fewer than three entries or any event where all the competitors are members of the same club. Club Secretaries will be contacted in such cases and may amend their entries as appropriate.

4.6 Participants shall only enter one event per block. Entries in adjacent blocks (i.e. blocks 1 & 2 or 1 & 3) must be in the same category (denoted by colour). For example, if you race in Senior Open in block 1, you can only enter Senior Open events in block 2 (and also block 3 if entering all three blocks). This restriction allows the organisers to accommodate doubling/tripling up and keep time gaps between blocks to a minimum. Participants who only enter blocks 1 & 3 may choose any combination of event categories.

Participants do not need to enter the same category on both Saturday and Sunday.

4.7 The general principles for event scheduling are as follows. The regatta organiser may deviate from these principles in order to schedule the required number of events based on the entry received. The regatta organiser reserves the right to combine individual events and will prioritise side by side racing over time trials. The regatta organiser's decision on event scheduling is final.

- For any event with six entries or fewer, straight finals will be scheduled.
- For any event with 7-16 entries, the regatta organiser will endeavour to schedule two semi-finals and two finals (Final A and Final B), but a straight final may be scheduled for events with 7 or 8 entries, or a time trial may be used if the wider competition entry is large.
- For any event with more than 16 entries, crews will participate in a time trial followed by a side-by-side final.
- Masters races will be scheduled with side-by-side finals based on age. If more than eight crews enter a single age category, the gold medal will be awarded to the fastest crew over the course, regardless of which final they race in.

## 5. Time Trial Progressions

5.1 If required, time trials will be held over 1900m for Senior Open, R1, R2, J18 and J16 events.

5.2 If required, time trials will be held over 900m for Masters, Novice, J15 and J14 events.

5.3 The ranking of crews in the time trials will be used to seed crews into side-by-side races of the same event. The fastest crews from the time trial will race in Final A, the next fastest set of crews will race in Final B, etc.

## 6. Medals

6.1 Medals will be awarded to all event winners immediately following the final of the event.

6.2 Medals will only be awarded if a crew has beaten at least one other crew in its category.

6.3 For Spring Regatta events and for Scottish Student Rowing Championship events: events with larger entries will award minor medals: **silver** medals will be presented for each boat class and category where there are **four** or more entries in that category, and **bronze** medals will be presented for each boat class and category where there are **six** or more entries in that category.

## 7. How to enter

7.1 The entry method will be available from the [Scottish Rowing website](#).

7.2 **Entries close at 10pm on Thursday 26 March 2026 – please note that this is earlier than usual.**

7.3 Late entries will not be accepted.

7.4 The preferred method of payment for entry fees is by bank transfer to Scottish Rowing: Sort Code 80-02-73, Account 00706460, payment reference 'Spring Regatta' (with your club abbreviation, e.g. ABC)". If you cannot pay by bank transfer, a cheque, made payable to Scottish Rowing, must be sent to the address below to arrive by 5pm on Monday 13 April 2026.

**7.5 Failure to pay on time, by 5pm on Monday 13 April 2026, without prior arrangement and agreement from the Entries Secretary, will lead to a late payment fee of £100. No crews from a late-paying club will be given bow numbers at the regatta until all fees are paid.**

## 8. The Draw

8.1 The Draw will be held virtually on Saturday 11 April 2026.

8.2. Please ensure that the club official who has made the entries has a copy of the entries available to consult – and their mobile switched on – on that date, in case of queries during the draw. The regatta organisers may also require to contact you by email or telephone in the period between entries closing and the draw if there are any issues to discuss.

## 9. Substitutions and scratchings

9.1 Scratchings and substitutions should be made as early as possible.

9.2 Until close of entries at 10pm on Thursday 26 March 2026, unlimited substitutions and changes to entries will be accepted. All changes should be advised in writing by email to [entries@scottish-rowing.org.uk](mailto:entries@scottish-rowing.org.uk)

9.3 From the close of entries (10pm on Thursday 26 March 2026) until 9pm on Friday 10 April 2026, unlimited substitutions and changes to entries will be accepted subject to approval by the regatta organiser. All changes should be advised in writing by email to [entries@scottish-rowing.org.uk](mailto:entries@scottish-rowing.org.uk)

9.4 Once the draw has been published, substitutions and changes will be limited by what is permitted by the Scottish Rowing Rules of Racing. All substitutions, changes and scratches should be made in writing by email to [entries@scottish-rowing.org.uk](mailto:entries@scottish-rowing.org.uk) until 8pm on Thursday 16 April 2025. For changes that are required after this time, details of the process will be included with the draw.

## 10. Refund Policy

10.1 Scratchings made before 10pm on Thursday 26 March 2026 will be accepted and a full refund given. From the close of entries (10pm on Thursday 26 March 2026) until 9pm on Friday 10 April 2026, refund requests are subject to approval by the regatta organiser and dependent on the progress of the regatta draw processes and scheduling. Any scratchings made after the draw has been published will receive no refund.

10.2 If the regatta is cancelled before 8pm on Thursday 16 April 2026, Scottish Rowing will endeavour to offer a partial refund once costs already expended on the regatta have been covered.

10.3 In the event of the regatta being cancelled for reasons beyond its control after the deadline of 8pm on Thursday 16 April 2026, no entry fees will be returned.

## 11. External catering

11.1 On both days of the regatta, catering will be available throughout the racing programme.

11.2 Clubs or individuals wishing to provide catering at the regatta outwith the officially approved caterer should apply to the Regatta Chair (contact details below) by 5pm, Tuesday 14 April 2026. Any such catering should be of a hospitality nature with no charges made for food or drink supplied.

## 12. Spectators

Spectators at the regatta are very welcome. Car parking is available on site and parking areas will be highlighted in the event information circulated closer to the event. Ample car parking for spectators is available in the lochside car parks.

## 13. Photography and Video

Within the competition site, there will be photographs and video content recorded for use by Scottish Rowing and/or their partners. This material may be used for promotion and/or marketing. In addition, the event may be streamed live on the day of the event, and the footage may also be shared with the media and press.

For this competition, Scottish Rowing have an opt-out policy for those who do not wish for their photo to be taken. By entering this competition, you are agreeing to have your image either in photograph or film format to be published on Scottish Rowing social media platforms and/or used for Scottish Rowing and their partners promotional material. **If you do not wish for your image to be used in either format, please click the opt-out box within your club's entry form.**

Wristbands will be issued with club packs at Registration for those who have opted out. This wristband should be visible whilst on site. These wristbands will be used so the photographer/videographer can identify who should not be photographed or who to remove from photos before publishing.

As the event takes place in a public environment, competitors and those responsible for them should be aware that other, non-official, photographers may operate at national sporting events and the subsequent photographs or videos may be freely used in print, digital media or elsewhere, over which Scottish Rowing has no control.

Coaches, responsible adults and competitors agree that by entering competitors they have made the competitors and their parents/guardians (where in loco parentis) aware of the above paragraphs. Coaches, responsible adults, and competitors agree that by entering the competition, they have made their athletes and their parents or caregivers aware of this and that further they consent to this.

If you have any questions or concerns around photography and video at our event, please get in touch via [office@scottish-rowing.org.uk](mailto:office@scottish-rowing.org.uk). If you wish to opt-out on the day, please ask for a wristband at registration.

## 14. Safeguarding

14.1 Scottish Rowing is fully committed to safeguarding the welfare of all children and protected adults in its care. It recognises the responsibility to promote safe practice and to protect children and protected adults from harm, abuse and exploitation. The policy (including procedures for reporting concerns) and the code of conduct related to the policy can be found [here](#).

14.2 The Scottish Rowing Welfare Officer is Mark Senter who can be contacted at [childprotection@scottish-rowing.org.uk](mailto:childprotection@scottish-rowing.org.uk) for advice or to report concerns.

## 15. Contact details

Spring Regatta Entries Secretary  
Scottish Rowing Centre  
Strathclyde Country Park  
Motherwell  
ML1 3ED

### Entries Enquiries:

Becky Bannister, Entries Secretary

Tel: 07952 299122

Email: [entries@scottish-rowing.org.uk](mailto:entries@scottish-rowing.org.uk)

**Regatta Chair:** Jen Thomson

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Email: [jen.thomson@scottish-rowing.org.uk](mailto:jen.thomson@scottish-rowing.org.uk)

