

Course:	Embedding Growth Mindset in Practice
Course Type:	Development for anyone in Rowing
Course Fee:	Free to Scottish Rowing Members/ £25 non SR Member
Date:	24 th September 2018
Venue:	National Hockey Centre, Glasgow Green, Saltmarket, Glasgow, G1 5DB
Start Time:	7pm
Finish Time:	9pm
Workshop duration:	2 Hours
Workshop focus:	Athletes, Coaches, Club Leaders, Volunteers, Parents
Number of candidates	40

Course Description With outcomes

This workshop goes beyond the theory of Growth Mindset from the initial workshop and provides an insight into methods and techniques to embed Growth Mindset in Practice.

Delegates will explore the links between mindset and your core business, the links between mindset, improvement and performance, before looking at how mindset links to coaching and leadership.

Booking for this workshop is to be made through the Scottish Rowing membership system. Places are free for Scottish Rowing licence holders. [Click here to go directly to the course booking page.](#)